

Alcohol Use Questionnaire (Michigan Alcoholism Screening Test) (MAST)

Name: _____

Case Number: _____

Charges: _____

Test Date: _____

Score: _____

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| 1. Do you feel you are a normal drinker? | Yes | No |
| 2. Have you ever awakened the morning after some drinking the before and found that you could not remember part of the evening before? | Yes | No |
| 3. Does your wife, husband or parents ever worry or complain about your drinking? | Yes | No |
| 4. Can you stop drinking without a struggle after one or two drinks? | Yes | No |
| 5. Do you ever feel bad about your drinking? | Yes | No |
| 6. Do friends or relatives think you are a normal drinker? | Yes | No |
| 7. Do you ever try to limit your drinking to certain times of the day or to certain places? | Yes | No |
| 8. Are you always able to stop drinking when you want to? | Yes | No |
| 9. Have you ever attended a meeting of Alcoholics Anonymous (AA)? | Yes | No |
| 10. Have you gotten into fights when drinking? | Yes | No |
| 11. Has drinking ever created problems with you and your wife or husband? | Yes | No |
| 12. Has your wife, husband or other family member ever gone to anyone for help about your drinking? | Yes | No |
| 13. Have you ever lost friends, girlfriends or boyfriends because of your drinking? | Yes | No |
| 14. Have you ever gotten into trouble at work because of drinking? | Yes | No |
| 15. Have you ever lost a job because of drinking? | Yes | No |
| 16. Have you ever neglected your obligations, your family, or your work for 2 or more days in a row because you were drinking? | Yes | No |
| 17. Do you ever drink before noon? | Yes | No |
| 18. Have you ever been told you have liver trouble or cirrhosis? | Yes | No |
| 19. Have you ever had delirium tremens (DTs), severe shaking, after heavy drinking? | Yes | No |
| 20. Have you ever got to anyone for help about your drinking? | Yes | No |
| 21. Have you ever been in a hospital because of your drinking? | Yes | No |
| 22. Have you ever been a patient in a psychiatric hospital or on a psychiatric ward of a general hospital where drinking was part of the problem? | Yes | No |
| 23. Have you ever been seen at a psychiatric or mental health clinic, or gone to a doctor, social worker, or clergyman for help with an emotion problem in which drinking has played a part? | Yes | No |
| 24. Have you ever been arrested, even for a few hours, because of drunk behavior? | Yes | No |
| 25. Have you ever been arrested for drunk driving or driving after drinking? | Yes | No |

Scoring the Alcohol Use Questionnaire (Michigan Alcoholism Screening Test) (MAST)

Each “yes” answer is scored as 1 point, with the exceptions of questions 1, 2, 4, 6, and 8, where a “no” answer is scored as 1 point.

4 points is suggestive of alcoholism

5 points or more indicates alcoholism

Reference: M. Selzer, “The Michigan Alcoholism Screening Test: The quest for a new diagnostic instrument,” 127(12) *American Journal of Psychiatry* 1653-1658 (1971)