

Alcohol Use Questionnaire (Brief Michigan Alcoholism Screening Test) (MAST)

Name: _____

Case Number: _____

Charges: _____

Test Date: _____

Score: _____

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|---|-----|----|
| 1. Do you feel you are a normal drinker? | Yes | No |
| 2. Do friends or relatives think you are a normal drinker? | Yes | No |
| 3. Have you ever attended a meeting of Alcoholics Anonymous (AA)? | Yes | No |
| 4. Have you ever lost friends, girlfriends or boyfriends because of your drinking? | Yes | No |
| 5. Have you ever gotten into trouble at work because of drinking? | Yes | No |
| 6. Have you ever neglected your obligations, your family, or your work for 2 or more days in a row because you were drinking? | Yes | No |
| 7. Have you ever had delirium tremens (DTs), severe shaking, after heavy drinking? | Yes | No |
| 8. Have you ever got to anyone for help about your drinking? | Yes | No |
| 9. Have you ever been in a hospital because of your drinking? | Yes | No |
| 10. Have you ever been arrested for drunk driving or driving after drinking? | Yes | No |

Scoring the Alcohol Use Questionnaire (Brief Michigan Alcoholism Screening Test) (Brief MAST)

Each “yes” answer is scored as 1 point, with the exceptions of questions 1 and 2, where a “no” is scored as 1 point.

4 points is suggestive of alcoholism

5 points or more indicates alcoholism

References:

A. Pokorny, et al, “The Brief MAST: A shortened version of the Michigan Alcoholism Screening Test,” 27(12) *American Journal of Psychiatry* 342-345 (1972)

M. Selzer, “The Michigan Alcoholism Screening Test: The quest for a new diagnostic instrument,” 127(12) *American Journal of Psychiatry* 1653-1658 (1971)

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