Alcohol Use Questionnaire (Brief Michigan Alcoholism Screening Test) (MAST)

Name: ___________________________________

Case Number: ___________________________________

Charges: ___________________________________

Test Date: ___________________________________

Score: ___________________________________

1. Do you feel you are a normal drinker? Yes No
2. Do friends or relatives think you are a normal drinker? Yes No
3. Have you ever attended a meeting of Alcoholics Anonymous (AA)? Yes No
4. Have you ever lost friends, girlfriends or boyfriends because of your drinking? Yes No
5. Have you ever gotten into trouble at work because of drinking? Yes No
6. Have you ever neglected your obligations, your family, or your work for 2 or more days in a row because you were drinking? Yes No
7. Have you ever had delirium tremens (DTs), severe shaking, after heavy drinking? Yes No
8. Have you ever got to anyone for help about your drinking? Yes No
9. Have you ever been in a hospital because of your drinking? Yes No
10. Have you ever been arrested for drunk driving or driving after drinking? Yes No
Scoring the Alcohol Use Questionnaire (Brief Michigan Alcoholism Screening Test)  
(Brief MAST)

Each “yes” answer is scored as 1 point, with the exceptions of questions 1 and 2, where a “no” is scored as 1 point.

4 points is suggestive of alcoholism  
5 points or more indicates alcoholism

References:


Project Cork, Dartmouth University